

# Connections Recovery Support Group

**Support for people with a mental health condition**

The NAMI Connections Recovery Support Group is designed to connect, encourage and support people who have a mental health condition. The group is led by trained facilitators living in recovery themselves.

**4th Thursday of each month  
6:30 to 8:00 pm**

**New Hope Missionary Baptist Church  
1201 Twombly Road  
DeKalb, IL 60115**

For more information, contact Amber Weinstein, BS, MHP,  
Lead Recovery Support Specialist, at **630.903.7138**.