

If you have any questions, please talk to your physician or care team.

How to Use Steroid Cream and Moisturizer During Radiation Treatment

Your physician prescribed you a steroid cream* to use while you are having radiation treatments. **Start using the cream on your first day of radiation treatment.** Apply the steroid cream and moisturizer 2 times each day (once in the morning and once in the evening). Do this 7 days a week until your physician tells you to stop.

Follow these steps:

1. Wash your hands
2. Apply a thin layer of mometasone (or the steroid cream approved by your insurance) to your treatment area.
3. Let the cream dry.
4. Apply 1 of these moisturizers on top of the dried cream.
 - Aquaphor®
 - 100% Aloe
 - Miaderm®
 - Rejuvaskin®

Do not apply any cream within 2 hours before your radiation treatment.

*You will have 3 refills