

TIMELINE OF YOUR COLONOSCOPY PREPARATION

Note: You should not take this medication if you have chronic kidney disease or failure.

The Day Before Your Procedure	
5:00 pm	Dose 1: 4 tablets and 8 oz. of water
5:15 pm	Dose 2: 4 tablets and 8 oz. or water
5:30 pm	Dose 3: 4 tablets and 8 oz. or water
5:45 pm	Dose 4: 4 tablets and 8 oz. or water
6:00 pm	Dose 5: 4 tablets and 8 oz. or water
The Day of Your Procedure	
6 hours Prior to Arrival	<ul style="list-style-type: none"> • Dose 6: 4 tablets and 8 oz. of water • Dose 7: (15 minutes later) 4 tablets and 8 oz. of water • Dose 8: (15 minutes later) 4 tablets and 8 oz. of water

PREPARATION TIPS

1. You must drink the recommended amount of water – this is **VERY IMPORTANT**.
2. Since the bowel preparation will cause diarrhea, it is important to stay hydrated. Make a conscious effort to drink clear liquids throughout the day to prevent dehydration.
3. The bowel preparation will result in diarrhea so please plan appropriately.
4. Be sure to finish the entire prep or else the colon may not clean adequately.
5. Your output/bowel movements should be clear (or yellow) after you've completed the bowel preparation. If you are still seeing stool/brown after completing the 2nd dose, please call our office.

DO NOT FOLLOW THE PREP INSTRUCTIONS ON THE PRODUCT'S BOX OR THAT THE PHARMACY PROVIDES. YOU MUST FOLLOW OUR PREP INSTRUCTIONS AS WRITTEN IN THIS DOCUMENT.