

# Bowel Preparation for Colonoscopy

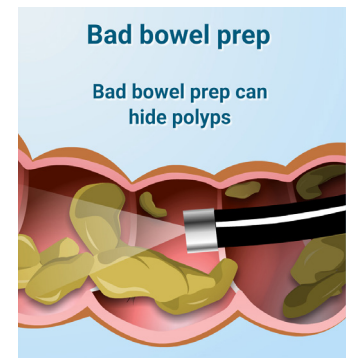
## It's important to have a good bowel prep.

Your physician must be able to see your bowel lining in order to do the test. If your bowel is dirty on the inside, your physician may not be able to see important things, like polyps or cancer. Therefore, we would have to cancel the test and reschedule for another time. That would mean that you would have to start over and repeat the bowel prep. So, help us help you make this "one and done."

## Follow the bowel prep instructions for the best results.

At the end of your preparation, the stool coming out should ideally look clear and yellow (like urine) without many particles. This is how you will know that you are done with the bowel prep.

If your stool is not clear and yellow, it is more difficult to identify polyps, and in some cases, we may be unable to complete your procedure. **Please let your gastroenterologist know as soon as possible after you have drunk all of your prep if your stool has solid material in it or if you have not had a bowel movement.** In these cases, you may need to reschedule your colonoscopy for another time or you may need more bowel preparation.



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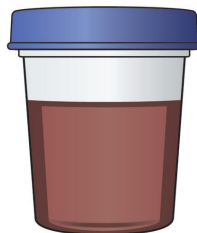
Dark and murky.  
**This is not a good prep.**



Brown and murky.  
**This is not a good prep.**



Dark orange and cloudy.  
**This is not an ideal prep.**



Light orange and mostly clear.  
**This is a pretty good prep.**



Yellow and clear, like urine.  
**This is an ideal prep.**

