NORTHWESTERN UNIVERSITY

Fact Sheet Resources

Parkinson's Disease & Movement Disorders Center

Contact the Social Worker about resources in your community 312-503-4397.

Visit our website (<u>http://parkinsons.northwesternmedicine.org/</u>) to find more information about:

- Center-based Programs
- Clinical Trials
- DBS
- Facts Sheets on variety of topics

Additional Resources:

Advance Directives (<u>http://www.nmh.org/nm/health-references-advance-directives</u>)

App: download NPF's Parkinson's Central app information on diagnosis and management of PD. Available on AppStore or Android Market.

Books about PD (<u>http://www.parkinson.org/Caregivers/PD-Library</u>)

Dance Class for PD: (http://1stposition.org/node/9)

Driver Assessment Locations: (http://lifecenter.ric.org)

Exercise Classes at NM: (nmpg.com/integrativemedicine)

Exercise Classes at RIC: (http://www.ric.org/resources/sports-and-fitness/)

Legal Services

Mobility and Home Medical Equipment

National Parkinson Foundation (http://www.parkinson.org/)

NPF Helpline in English & Spanish at 1-800-4PD-INFO (473-4636)

Personal Emergency Response Systems

Prescription Assistance Programs

Rehabilitation for PD & Movement Disorders (<u>http://lifecenter.ric.org</u> and type in Parkinson's in search box)

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