

**McHenry Western Lake County EMS | McHenry County College
Skill Proficiency Record**

< Intramuscular (IM) Injections >

Provider Name: _____ Date: _____

Instructions: Items marked with an asterisk (*) must be demonstrated with 100% accuracy; otherwise a retest will be required.

| Performance Standard | Satisfactory | | | Required Coaching | | | Unsatisfactory | | |
|--|--------------|--------|--------|-------------------|--------|--------|----------------|--------|--------|
| | Test 1 | Test 2 | Test 3 | Test 1 | Test 2 | Test 3 | Test 1 | Test 2 | Test 3 |
| *Verbalizes drug(s) associated with the delivery method within scope [] Epinephrine [] Glucagon [] Naloxone | [] | [] | [] | [] | [] | [] | [] | [] | [] |
| *Discusses safe handling of sharps [] Dons gloves and protective eyewear [] Ensures easy accessibility of sharps container | [] | [] | [] | [] | [] | [] | [] | [] | [] |
| *Explains procedure to patient | [] | [] | [] | [] | [] | [] | [] | [] | [] |
| *Verifies 5 rights of drug prior to administration | [] | [] | [] | [] | [] | [] | [] | [] | [] |
| *Assembles all necessary supplies prior to medication administration [] Alcohol swab [] Bandaid [] Syringe with appropriate size needle [] 2x2 gauze | [] | [] | [] | [] | [] | [] | [] | [] | [] |
| *Draws appropriate dose (volume equivalent) in to syringe using aseptic technique | [] | [] | [] | [] | [] | [] | [] | [] | [] |
| *Selects appropriate site to administer medication [] Lateral aspect of upper arm over deltoid [] Lateral aspect of thigh, mid-shaft | [] | [] | [] | [] | [] | [] | [] | [] | [] |
| *Cleanses site with alcohol prep in circular motion, removing dirt and oils from injection site | [] | [] | [] | [] | [] | [] | [] | [] | [] |
| *Firmly grasps patient's skin, pulling the skin taught | [] | [] | [] | [] | [] | [] | [] | [] | [] |
| *Inserts needle at 90 angle to skin until firmly seated in muscle | [] | [] | [] | [] | [] | [] | [] | [] | [] |
| *Slowly retracts plunger and evaluates for blood return [] If blood return, withdraws needle and selects alternate site [] If no blood return, slowly depresses plunger to administer appropriate dose of medication | [] | [] | [] | [] | [] | [] | [] | [] | [] |
| *Withdraws needle and applies pressure with gauze to site | [] | [] | [] | [] | [] | [] | [] | [] | [] |

Continued on next page.

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< Intramuscular (IM) Injections (cont.) >

Provider Name: _____ Date: _____

| Performance Standard | Satisfactory | | | Required Coaching | | | Unsatisfactory | | |
|--|--------------|--------|--------|-------------------|--------|--------|----------------|--------|--------|
| | Test 1 | Test 2 | Test 3 | Test 1 | Test 2 | Test 3 | Test 1 | Test 2 | Test 3 |
| Gently massages injection site to distribute fluid | [] | [] | [] | [] | [] | [] | [] | [] | [] |
| *Discards needle in sharps container | [] | [] | [] | [] | [] | [] | [] | [] | [] |
| Applies bandaids over injection site of necessary | [] | [] | [] | [] | [] | [] | [] | [] | [] |
| Monitors site for excessive bleeding or swelling | [] | [] | [] | [] | [] | [] | [] | [] | [] |

Performance Validation: Pass Retest -----> Pass Fail

Comments: _____

Evaluator's Signature