

# Midwest Orthopaedic Institute

## Rheumatology Patient History Form

Name: \_\_\_\_\_

Date: \_\_\_\_\_

*Please fill out and/or circle your answer. Please skip what does not apply to you. Thank you.*

1. Do you have pain?  No  Yes.

If yes, please circle where you have pain:

Right side: Fingers Wrist Elbow Shoulder Hip Knee Ankle Toes

Left Side: Fingers Wrist Elbow Shoulder Hip Knee Ankle Toes

Neck Mid back Low back Arm muscles Leg muscles Others: \_\_\_\_\_

2. What is the nature of the pain?

Aching Burning Stabbing Cramping Electric shock Pins & Needles Pulling

3. When did your symptoms start?  Days  Weeks  Months  Years

4. Did your symptoms start? All of a sudden  Gradually

5. Do your symptoms?  Come and go  Steady all the time

6. When do you have the least symptoms?  Morning  Afternoon  Evening  Night

7. When do you have the most symptoms?  Morning  Afternoon  Evening  Night

8. What makes your pain better?

Rest Activity Medication Exercise Heat Ice Others \_\_\_\_\_

9. What makes your pain worse?

Rest Activity Medication Exercise Heat Ice Others \_\_\_\_\_

10. Do your symptoms disturb your sleep?  Yes  No

11. Do you get enough sleep at night?  Yes  No

12. Do you wake up feeling rested?  Yes  No

13. Did you have any of the following prior to the onset of your symptoms?

Viral syndrome  Stomach virus  Stressful situation  Car accident  Other injury

Others: \_\_\_\_\_

14. Do you have joint swelling?  No  Yes

15. Do you have morning stiffness?  No  Yes

How long does the morning stiffness last? Minutes: 5 10 15 30 45

Hour: 1 2 3 4 5

All day

16. Do you have muscle weakness?  No  Yes

Name: \_\_\_\_\_

**ALLERGIES:** Are you allergic to any medication? \_\_\_ No \_\_\_ Yes

If yes, to what? \_\_\_\_\_  
\_\_\_\_\_ Penicillin, what happened? \_\_\_\_\_  
\_\_\_\_\_ Sulfa, what happened? \_\_\_\_\_  
\_\_\_\_\_ Aspirin, what happened? \_\_\_\_\_  
\_\_\_\_\_ Others, what happened? \_\_\_\_\_

Please check any **Arthritis Medications** you have used **in the PAST:**

Advil	Motrin	Ibuprofen	Actmera	Rituxan
Celebrex	Cimzia	Cyclosporine	Orencia	Prednisone
Indocin	Allopurinol	Colchicine	Probenecid	Imuran
Methotrexate	Plaquenil	Arava	Azulfidine	Estrogen
Minocycline	Simponi	Cytosan	Cellcept	
Enbrel	Remicade	Kineret	Humira	
Miacalcin	Fosamax	Actonel	Evista	

**PAST MEDICAL HISTORY:**

Do **you** now have, or have you ever had (check if Yes):

<input type="checkbox"/> Diabetes	<input type="checkbox"/> Cancer	<input type="checkbox"/> Colitis
<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Kidney Disease	<input type="checkbox"/> Heart Problems
<input type="checkbox"/> Psoriasis	<input type="checkbox"/> Stomach Ulcers	<input type="checkbox"/> Depression
<input type="checkbox"/> Rheumatic Fever	<input type="checkbox"/> Under-active thyroid	<input type="checkbox"/> Tuberculosis

Other significant illnesses: \_\_\_\_\_

Previous Operations: \_\_\_\_\_

Any previous fractures? \_\_\_ No \_\_\_ Yes \_\_\_\_\_

Date of last Bone Densitometry (DEXA): \_\_\_\_\_

**SOCIAL HISTORY:**

**Marital Status:** \_\_\_ Never Married \_\_\_ Married \_\_\_ Separated \_\_\_ Divorced \_\_\_ Widowed

**Employment:** \_\_\_ F/T \_\_\_ P/T \_\_\_ Student \_\_\_ Homemaker \_\_\_ Disabled \_\_\_ Unemployed

**Occupation:** \_\_\_\_\_

Do you **smoke**? \_\_\_ Never  
\_\_\_ Yes Packs/Day: \_\_\_ # of Years: \_\_\_  
\_\_\_ Past How long ago did you quit? \_\_\_\_\_

Do you drink **Alcohol**? \_\_\_ No \_\_\_ Yes Number of drinks per week: \_\_\_\_\_

Do you **exercise** regularly? \_\_\_ No \_\_\_ Yes Amount per week: \_\_\_\_\_

**FAMILY HISTORY:**

Do you know of **any blood relative** that currently has or has previously had:

<input type="checkbox"/> Arthritis (Unknown Type)	<input type="checkbox"/> Scleroderma	<input type="checkbox"/> Rheumatic Fever
<input type="checkbox"/> Lupus or 'SLE'	<input type="checkbox"/> Gout	<input type="checkbox"/> Psoriasis
<input type="checkbox"/> Osteoarthritis	<input type="checkbox"/> Ankylosing Spondylitis	<input type="checkbox"/> Colitis
<input type="checkbox"/> Rheumatoid Arthritis	<input type="checkbox"/> Osteoporosis	

\_\_\_ Other significant illnesses: \_\_\_\_\_

Name: \_\_\_\_\_

Please briefly describe your symptoms. (In other words, what brings you to us today?)

**REVIEW OF SYMPTOMS:**

Please check any items that have significantly affected you.

**Skin:**

- Rash
- Easy bruising
- Sun sensitivity
- Tightness
- Nodules/bumps
- Hair loss
- Color changes of hands or feet in the cold

**Eyes:**

- Redness/inflammation
- Loss of vision
- Dry eyes

**Ear:**

- Loss of hearing

**Nose:**

- Sores on the nose

**Mouth/Throat:**

- Dry mouth
- Sores in mouth
- Difficulty chewing
- Difficulty swallowing

**GEN:**

- Recent weight gain
- Recent weight loss
- Fatigue
- Fever

**Heart:**

- Chest pain
- Palpitations
- Heart murmurs

**Respiratory:**

- Cough
- Sputum
- Shortness of breath

**Gastrointestinal:**

- Nausea
- Vomiting
- Heartburn
- Abdominal pain

**Genitourinary:**

- Difficulty urinating
- Discharge from penis/vagina

**Endocrine:**

- Heat intolerance
- Cold intolerance

**Hematologic:**

- Anemia
- Blood clots

**Psychiatric:**

- Excessive worries
- Anxiety
- Depression
- Agitation

**Neuro:**

- Headaches
- Muscle spasms
- Memory loss

**For Women Only:**

- Vaginal dryness
- Periods regular?  
 Yes  No
- Postmenopausal?  
 Yes  No
- Number of miscarriages:  
\_\_\_\_\_

**PRESENT MEDICATIONS:**

Please list any medications you are taking, **INCLUDING** over the counter items such as aspirin, vitamins, laxatives, calcium, herbal supplements, etc. Please include dosage and frequency.

1		6	
2		7	
3		8	
4		9	
5		10	